



## MALWANCHAL UNIVERSITY, INDORE

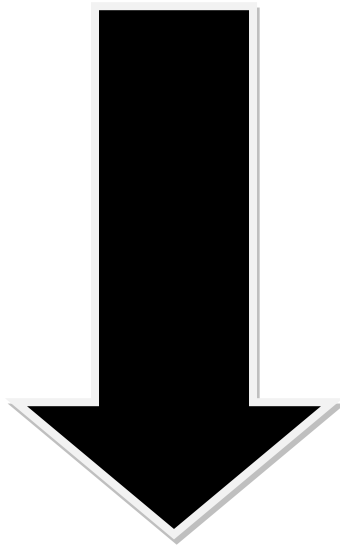
### 5.3.3 Average number of sports and cultural activities / competitions organised at the institution level per year

2019-20

S. NO.	INSTITUTE NAME	NAME OF ACTIVITY	DURATION
1	(IMCH&RC) Index Medical College Hospital & Research Center, Indore	Stimulus	01-12-2019 to 28-12-2019
2	(IIDS) Index Institute of Dental Sciences, Indore	Cultural - Athena	18/12/2019 to 21/12/2019
		Sports - Athena	23/12/2019 to 27/12/2019
3	(INC) Index Nursing College, Indore	Sports	1/01/2019 to 12/1/2019
4	(INC) Index Nursing College, Indore	Cultural	27/1/2019 to 28/1/2019
5	(IDPOT) Index Department of Physiotherapy and Paramedical Sciences	Sports, Cultural	19/12/2020 to 20/12/2020

ay  
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Malwanchal University  
Indore (M.P.)

**Index Medical  
College, Hospital &  
Research Center,  
Indore**







**Index** MEDICAL COLLEGE, HOSPITAL &  
RESEARCH CENTRE, INDORE  
(Unit of Mayank's Welfare Society)  
(Constituent Unit of Malwanchal University)  
ACCREDITED BY NABH & NABL



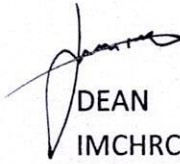
NABL Certificate No. MC-3448  
NABH Certificate No. PEH-2019-0966

Ref. No. IMCHRC/DN/2019/111

Date :-11/11/19

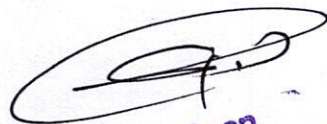
**CIRCULAR**

We are pleased to inform that the funfilled fest of "Stimulus" is starting from 01.12.2019.  
The students interested in various events are requested to register with Ms. Chitra Khirwadkar.

  
DEAN  
IMCHRC, INDORE.

Dean  
Index Medical College,  
Hospital & R:C., INDORE  
Cc :-

- CHAIRMAN
- VICE CHAIRMAN
- REGISTRAR , MALWANCHAL UNIVERSITY
- Vice Dean
- All administrators
- ALL HODs
- Notice Board – College Notice board, Boys & girls Hostel, PG hostel
- File



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## **Index Medical College, Hospital & Research Centre, Indore**

### **Report Stimulus – 2019**

In the wintery month of November, a colourful and memorable College fest was organised in the college campus. This event was held in the college auditorium and common playground. This grand show commenced with the arrival of our Chief guest, Mr. Suresh Singh Bhadoriya, Chairman, Index Group of Institutions.

The welcome speech was given by our budding medicos which was followed by lighting the lamp. It was accompanied by a melodious Saraswati Vandana, hailing the goddess of knowledge and wisdom. There was bouquet presentation to the invited guests. The grand event began with the sports activities. Sports play a major part in improving our physical and mental fitness. It helps in developing self confidence, team spirit, and mental and physical toughness. It help to improve our physical and mental co-ordination. Sports teaches us discipline, the value of time, unity and togetherness. Keeping these values in mind, various sports were organised like cricket, football, badminton, carrom, table tennis, basketball and so on. Students from different streams in the campus participated in these events with full energy and enthusiasm.

These events were followed by cultural and academic events. Culture opens the sense of beauty. There were mesmerising programmes and performances presented by the students from various streams and professional years. There was singing, dancing, poetry, recitation, face painting, rangoli making, drawing, sketching, mimicry, classical and modern combination of various foot-tapping numbers, speeches, debates and so on.



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The Chief guest and various dignitaries were impressed and praised the entire event. The chief guest inspired us all asking us to keep the same energy to achieve higher goals in life. It was then followed by the announcement of the winning teams and candidates in the valedictory ceremony. Everyone complimented one another and all the participants were awarded participation certificates. It was followed by a formal vote of thanks by Ms. Chitra Khirdwarkar and the event concluded with the high tea. We really enjoyed a lot and dispersed with a sincere hope that such mega events should be organised every year giving the students a chance to display their talents apart from the never ending study schedules in the curriculum.



Event Coordinator



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Index Medical College, Hospital & Research Centre, Indore

Stimulus – 2019-20

List of Participants

**Basketball**

**Females**

Riya Jain  
Anjali Mittal  
Sandhya Gupta  
Shivani Malviya  
Suruchi Nigam  
Aashita Jain  
Pooja Ahlawat  
Poonam Joshi  
Tanu Yadav  
Samiksha  
Samriddhi Mishra  
Saumya  
Anjali Goli  
Aastha Tiwari

**Males**

Sagar Singh  
Akshay kevlani  
Divyam pandey  
Shubham parashar  
Shivam narang  
Deepraj verma  
Ayush Mishra  
Padmesh Bhatwara  
Bhupendra Chaudhari  
Rajat Lodhi  
Atishay Simon  
Rohit Parmar  
Akshat  
Sunil Chaudhari  
Ashish Yadav  
Abhi Saxena  
Ayush Prajapati  
Jasmanpreet Singh Dhol  
Deepesh Dhakad  
Amit rhinyaat  
Swastik Choukhade

Aman Singh  
Amit Agrawal  
Zabi Nagori  
Devanshu Pawar  
Tushar Gautam  
Rajkumar Dhakad  
Ashwin ninama  
Saurabh Randhawa  
Shubham dhaakad  
Ankit gour  
Prashant malviya  
Robins kumar boudh  
Sharad raghuwansi  
Ajay patidar  
Saurav shukla  
Amit choudhary

**Face Painting**

Aakruti Kacchara  
Arshi Syed  
Shubham Parashar  
Ramendra Rajawat  
Isha Jain  
Nivedita Mishra  
Roli Vachani  
Harsh godariya  
Seema Chaudhari

**Cricket**

**Females**

Aishwarya Jawale  
Sandhya Gupta  
Shivani Malviya  
Suruchi Nigam  
Saloni Agrawal  
Aayushi Singh  
Deepa Kushwah  
Swati Chalotra  
Aashita Jain  
Anjali Mittal

Ojaswini Yadav  
Aanchal Riyal  
Poonam Joshi  
Nirmala  
Komal  
Deepika Patidar  
Manohari dholiya  
Pragya Jharbade  
Simran Thakur  
Nidhim Sharma  
Tanu Yadav  
Minal Jhala  
Nikita mishra  
Bhavya chourasia  
Vaishali goyal  
Nirmala kharte  
Neha sahu

**Males**

Nisarg Patel  
Ramnaresh Yadav  
Shubham Parashar  
Pradeep Verma  
Akshay Kewlani  
Yash Patel  
Aakash Patel  
Ronak Patel  
Shivam Narang  
Divyam Pandey  
Deepraj Verma  
Arun Kumar - captain  
Salil Saurav  
Aditya S Maurya  
Nitesh  
Mahendra Singh Chauhan  
Mahendra Pawar  
Anil Jat  
Kalpit  
Himanshu Sherron  
Aayush Mishra



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Shivam Singh Tomar  
Abhi Saxena  
Anoop Sharma  
Jasmapreet singh Dhol  
Deepesh Dhakad  
Amit Thinyat  
Gourav Patidar  
Mayank Mangal  
Dev Patel  
Priyank Kacholiya  
Prateek Sahu  
Basant Meena  
Sandeep Atulya  
Vijender Singh  
Agam Jain  
Ashish Patil  
Shubham Mishra  
Murshid Khan  
Mohit Patidar  
Amit Singh Chauhan  
Vivek Verma  
Ravi Patidar  
Aadarsh jeeshani  
Devanshu Pawar  
Shubham Verma  
Tej Bahadur  
Balram Patidar  
Abhijeet Maravi  
Sourabh Randhawa  
Manish Nayak  
Jagdish Tanwar  
Jayant Patidar  
Ajay Gwale  
Akshay Solanki  
Ashish Jhalne  
Kuldeep Dangi  
Lakhan Patel  
Nandkishor Bairagi  
Pankaj Thakur  
Prakash kalesh  
Ravi Jamra  
Ritesh Thakur  
Rajsingh Rajpoot  
Tejmal Munia

Deepak Chouhan  
Ram patel  
Vijay jagati  
Shivam Iodhi  
Shivam goud  
Ankit gour  
Parth rawat  
Ajay patidar  
Ramkrishna yadav  
Sandeep chouhan  
Jitendra Dhakad  
Palkesh nimole  
Mahesh sharma

#### **Khokho**

Yashvardhan parihar  
Nandkishore bairagi  
Avesh jamre  
Deepak kushwah  
Ayush Verma  
Sandeep chouhan  
Tejmal muniya  
Ayush Birla  
Ajay gwale

#### **Volleyball**

##### **Females**

Shivani Malviya  
Anjali Mittal  
Suruchi Nigam  
Navnee Jain  
Sandhya Gupta  
Aishwarya Jawale  
Shivani Singh  
Aasma Jain  
Ekta Sharma  
Tanu Yadav  
Manisha  
Pragya Jhadbade

##### **Males**

Bhagirath  
Akhil Bishnoi

Shubham Parashar  
Ramnaresh yadav  
Ramendra Rajawat  
Pradeep Verma  
Arun Kumar  
Himanshu  
Anil Jaat  
Shubham Verma  
Rishabh Goyal  
Sunil Dangi  
Yuvraj Samota  
Rajat Lodhi  
Kanha Pradhan  
Kushagra Verma  
Priyank Kacholiya  
Mayank Mangal  
Abhishek Tripathi  
Rakesh Bishnoi  
Shubham Goyal  
Dilip Kumar  
Sunil Brahmane  
Ayush Gurjar  
Mohit Patidar  
Deepak Barot  
Vedut Verma  
Shubham Mishra  
Prakash Shah  
Jayesh Bhati  
Saurabh Bafna  
Ravi Patidar  
Aadarsh jisani  
Ashish Damor  
Ashwin ninama  
**Tushar Gautam**

#### **BADMINTON**

##### **FEMALES**

Aishwarya jawale  
Sandhya gupta  
Anjali mittal  
Vaishnavi tyagi  
Vidushi meel



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Anindita ameta  
Tanu yadav  
Poonam joshi  
Samriddhi mishra  
Tanya agrawal

**Males**

Aditya jain  
Yashraj mourey  
Deepak kushwah  
Naman sahu  
Shubham parashar  
Divyam pandey  
Aakash patel  
Deepraj verma  
Akshay kevlani  
Nisarg patel  
Saransh tyagi  
Manan arora  
Sagar singh  
Ayush mishra  
Shivam singh tomar  
Salil saurav  
Kuldeep gandhi  
Sourabh virmani  
Rishabh goyal  
Atishesh siman  
arun kumar  
Swastik choudhade  
Abhishek dabakara  
Ujjwal pandey  
Shivam tomar  
Salil sourav  
Shaurya sharma  
Atishay simon  
Prabhanshu mishra  
Murshid khan  
Prince shoukeen  
shubham verma  
Vivek verma  
Adarsh jisani

**Table tennis**

**Females**

Palak vinayaka  
Shivani malviya  
Deepa kushwaha  
Anindita ameta  
Deepanshi vijayvergiya

**Males**

Deepraj verma  
Aakash patel  
Shivam narang  
Nisarg patel  
Tirth patel  
Robin yadav  
Bhupendra chaudhary  
Salil saurav  
Padmesh bhatwara  
Puru agrawal  
Shivam singh tomar  
Ashish damor  
Shailendra gurjar  
Vivek verma  
aadarsh jasani  
Saurabh bafna

**Carrom**

**Females**

Aishwarya jawale  
Farheen khan  
Anchal aanand  
Aakriti kacchara  
Arshi sayyad  
Deepa kushwaha  
Sandhya gupta  
Manu jain  
Tanu yadav  
Kajal  
Komal  
Khushbu patidar  
Deepika patidar

**Males**

Manish nayak  
Jayant patidar  
Ashish damor  
Saurabh Bafna  
Vivek Verma  
Devanshu Pawar  
Jayesh Bhati

**Kabbadi**

Ravi Patidar  
Balram Patidar  
Kuldeep Patidar  
Tej Bahadur  
Harsh Prajapati  
Vivek Verma  
Prasanjeet Sinha  
Nilesh Satyam  
Manish Nayak  
Akshay kevlani  
Robin yadav  
Ramendra yadav  
Divyam pandey  
Tirth patel  
Shubham parashar  
Pradeep verma  
Saichand parchuri  
Arjun Lal Jaat  
Bhinva Ram  
Tanuj Chaturvedi  
Narendra Patel  
Sahil Khokhar  
Yuvraj Samota  
Mayur Makwana

**CHESS**

**Females**

Shivani malviya  
Shivangi sharma  
Rashi sharma  
Manali chawla  
Shivani Singh  
Ekta Sharma





Samridhi Mishra  
Saumya

**Males**

Saichand parchuri  
Shivam narang  
Manan arora  
Arun Kumar  
Rajat  
Sahil Khokhar  
Saksham Singhal  
Jeetesh Sharma  
Sunil Chaudhari  
Ashish Yadav  
Saurabh Bafna  
Balram Patidar  
Devanshu Pawar  
Prasanjeet Sinha

**SINGING**

Kuldeep gadvi  
Manan arora  
Deepraj verma  
Ojaswini yadav  
Aashita jain

**DANCING**

**Females**

Navnee jain  
Deepa kushwaha  
Aashita jain  
Vaishnavi tyagi  
Ananya sharma

**Males**

Shivam narang  
Aakash patel

**FACE PAINTING**

Mit patel

Nisarg patel  
Saransh tyagi  
Kunal johri  
Aakash karale  
Ayush Mishra  
Parmesh bhatwara  
Narendra Patel  
Shivam Singh Tomar  
Saksham Singhal  
Aakriti kacchara  
Diksha jat  
Shweta tiwari  
Bina lalrin sangi

**FIRELESS COOKING**

Aanchal aanand  
Manali chawla  
Suruchi nigam  
Ojaswini yadav  
Swati chlotra  
Diksha jat  
Shubham parashar  
Saichand parchuri  
Aakash patel  
Manthan prajapati  
Ronak patel  
Mit patel  
Robin yadav  
Ramendra rajawat  
Richita chouhan

**T SHIRT PAINTING**

Mit patel  
Shubham parashar  
Swati chalotra  
Khushbu patel  
Diksha jat  
Vidhi tripathi

**RANGOLI**

Aishwarya jwale  
Aashita jain  
Suruchi nigam  
Deepa kushwaha  
Aayushi singh  
Seema Chaudhari  
Anamika Tripathi  
Pragya Jhadbade  
Bharti Yadav  
Nirmala  
Komal  
Khushbu  
Punam  
Tanu  
Anjali kaushal  
Kunal rathore  
Ayush birla

**Mehandi**

Anjali kaushal  
Wall Painting  
Vidhi tripathi  
Aditi choudhary

**FOOTBALL**

**Males**

Sagar singh  
Divyam pandey  
Tirth patel  
Saransh tyagi  
Deepraj verma  
Ramnaresh yadav  
Nisarg patel  
Rohit bhore  
RAHUL RAJAWAT  
RAMENDRA RAJAWAT  
VIJAY KUMAWAT  
SHUBHAM PARASHAR  
Salil Saurav  
Ayush Mishra  
Padmesh Bhatwara  
Ashish Yadav



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Mayank Gupta  
Puru Agrawal  
Rahul Anand  
Tanu Chaturvedi  
Sohail Ali  
Shivam Singh Tomar  
Sahil Khokhar  
Mrityunjay Choudhary  
Swastil Choukhode  
Mayank Mangal  
Ujjwal Pandey  
Deepesh Dhakad  
Devesh Dhakad  
Anit rhinyahat  
Jasmanpreet Singh Dhol  
Amit Agrawal  
Akash Gupta  
Ayush Kesharwani  
Murshid Khan  
Sunil Brahmane  
Rishi Shukla  
Ashish Patil  
Lakhan Choyal  
Sulabh Singh  
Paraag Joshi  
Mudit Sagoriya  
Ayush Jadhav  
Shubham Mishra  
Prasenjit  
Ashish Damor  
Jayant Patidar  
Tushar Gautam  
Shailendra  
Jayanshu  
Ashwin Nama  
Ashish Satya  
Ayush Verma  
Shekhar Hammad  
Siddhant Bobra  
Arpit Rao  
Ayush Birla  
Rajwardhan Singh  
Parth Rawat  
Gaurav Baghel

Avesh Jamre  
Ritesh Thakur  
Sudarshan Chouhan  
Sachin Kelwa  
Prashant Malviya

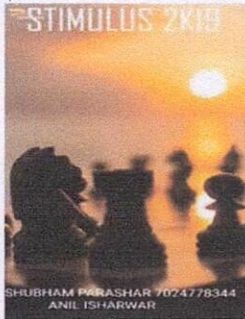


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# Index Medical College, Hospital & Research Centre, Indore

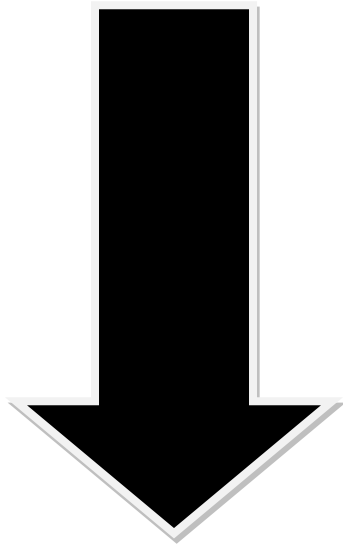
Stimulus 2019-20



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**Index Institute of  
Dental Sciences,  
Indore**







# Index

## INSTITUTE OF DENTAL SCIENCES

(Recognised by Dental Council of India  
& Ministry of Health & Family Welfare, New Delhi)

Constituent Unit of Malwanchal University, Indore



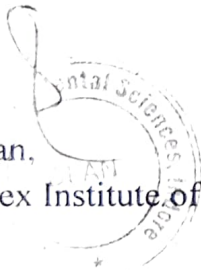
Ref No.: IIDS/Misc.Events/2019/55

Date: 10<sup>th</sup> December, 2019

### CIRCULAR

This is to inform that cultural and sports program named Athena have been organized in the college. Cultural week will be from 18/12/2019 – 21/12/19 and sports week will be from 23/12/2019- 27/12/2019. All the interested students can coordinate to Dr Poonam Tomar Rana for participation and other details of the program.

Dean,  
Index Institute of Dental Sciences, Indore




Copy for information to:

- Registrar, Malwanchal University
- All Concerned Authorities
- File



Prepared by: Dr. Himanshu Kanungo

  
Registrar  
Malwanchal University  
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Campus : Index City, NH-59A, Nemawar Road, District: Indore- 452016 (M.P.) Ph.: + 0731-4013700

Email : dental@indexgroup.co.in, Website : www.indexgroup.co.in

City Office : 104, Trishul Apartment, 5, Sanghi Colony, A.B. Road, Indore M.P. - 452008



**Index Institute of Dental Sciences**

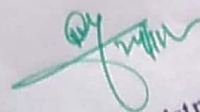
# **ATHENA 2019**

**From: 18 Dec - 27 Dec**

**10am-2pm**

**Contact: Dr Ranjan Mani Tripathi  
9685911799**

**VENUE: IIDS GROUND, AUDITORIUM**



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## CULTURAL REPORT 2019-20

On the occasion of Annual Cultural Festival, the Cultural Committee under the supervision of Dr. Poonam Tomar Rana and guidance of Dr. Satish Karandikar (Dean, IIDS), Dr. Rolly Agrawal (Vice Dean, IIDS) conducted the cultural events, Athena-2019.

The events were organized under the umbrella of Malwanchal University.

We would like to inform you that all Cultural Activities, with the Co-operation of all students of the College, College Development Council's members, College Principal, Members of the Cultural Committee, Teaching and non-Teaching faculties have been very successful in the academic year 2019-20. The inaugural ceremony of the college's cultural activities commenced with the academic year 2019-20 and celebrated the national, international, our state festival and national leaders' celebrations at the college to create awareness of the patriotic and leadership qualities of the students. Recognizing the hidden talents of the college's talented students, they were sent from the college as cultural ambassadors for intercollegiate singing and dance competitions at the university.

To encourage high student participation, different themes were allotted on following days:

- 18th November 2019- Retro Day
- 19th November 2019- Traditional Day
- 20th November 2019- Mismatch Day
- 21th November 2019- Ballroom Day

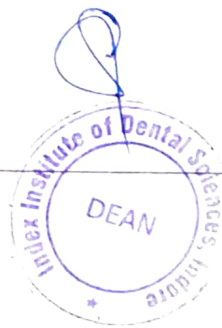
Events for different sections of art and craft were intended to spread awareness towards social causes.

### Themes:

Mehendi- Rajasthani bride  
Rangoli- Elimination of violence against Women  
T-shirt painting- Health is Wealth  
Poster- Anti-ragging  
Sketching- Road traffic

Students and staff of Index Institute of Dental Sciences participated in the cultural events with great enthusiasm.

*Dr. Poonam*



*Dr. Rolly Agrawal*  
Registrar  
Malwanchal University  
Indore







*Dr. Poonam*  
*Dr*

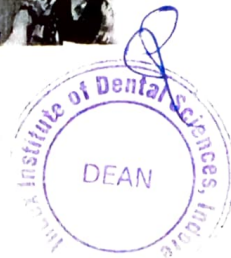


*Dr. Poonam*  
Malwan University  
Indore (M.P.)



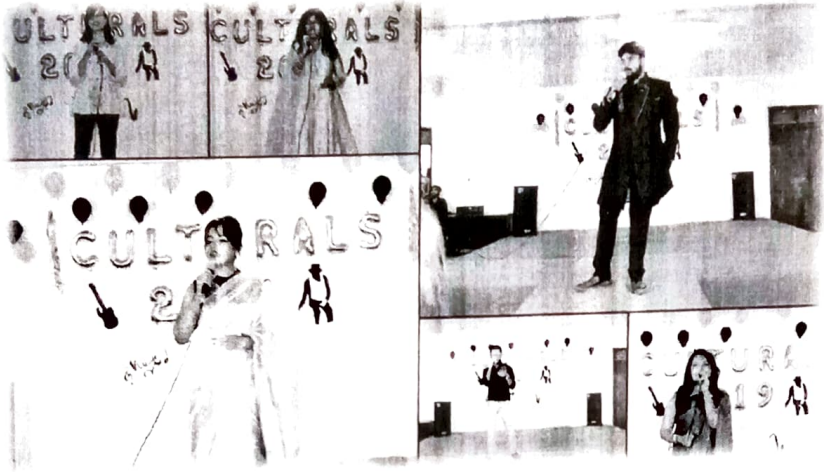


*Dr. Poonam*



*Dr. Poonam*  
 Registrar  
 Malwanchal University  
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*Dr. Poonam*



*Registrar*

**Registrar  
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## Annual Sports Meet of Index Institute of Dental Sciences, "ATHENA-2019"

The Annual Sports Fiesta of Index Institute of Dental Sciences "Athena-2019" was inaugurated on 23th December 2019 on the basketball court of Index Institute of Dental Sciences (IIDS). The Inaugural Ceremony was graced by the presence of respected Shri Suresh Singh Bhadauria (Chairman, Mayank Welfare Society [MWS]), Shri R.S. Ranawat (Director, Planning and Administration, MWS), Shri R.C. Yadav (Additional Director, Administration and Student Welfare, MWS).

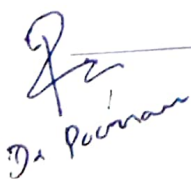
The programme was planned and organized by the enthusiastic students and interns of Index Institute of Dental Sciences under the able guidance of Dr. Pranav Parashar, Incharge, Sports Committee, Athena-2019. The beginning of the Sports Meet was marked with the presentation of floral bouquets to all the dignitaries. The torch was lit by Shri Suresh Singh Bhaduria and Shri R.S. Ranawat.

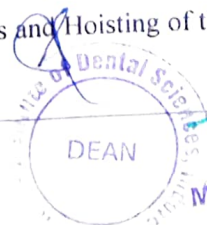
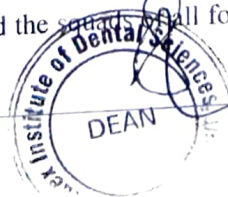
Shri Suresh Singh Bhadauria (Chairman, MWS) inspired the participants with his speech. Dr. Rolly S. Agarwal (Vice-Dean, IIDS) encouraged the participants with her motivating words. The Inaugural Ceremony was concluded with the Indian National Anthem. The programme was anchored by Ms. Devyani Allen, Intern, IIDS who also gave the Vote of Thanks.


Taking God's blessings is of paramount significance; hence a special prayer was recited in the basketball court, creating a reverential atmosphere. This was followed by the Lighting of the Torch and the Floral Welcome of the Guest of Honour and the Chief Guest by the Dr. Satish Karandikar, Dean IIDS.

This being the sesquicentennial year of celebration of the apostle of non-violence, Index Institute of Dental Sciences, Indore decided to pay homage to Mahatma Gandhi through a well-orchestrated Opening Ceremony. Interns mesmerized everyone in their grateful recognition and remembrance of all the virtues that the Father of the Nation stood for, besides appreciating the valour of the Indian Army and the achievements of the Indian Scientists who were successful in sending an orbiter to Mars in their very first attempt.

The event proceeded further with the March Past led by the College Cabinet, Athletics Squad, Presidents of various Associations, and the sports of all four teams and Hoisting of the College Flag

  
Dr. P. Ranawat



  
Malwa University  
Indore



which was followed by the singing of the College Anthem and the Oath taking Ceremony by the Athletic Captain.

Dr. Satish Karandikar Dean IIDS who has always been an inspiration with his motto "To bring together people of God", next enlightened the gathering on the importance of physical fitness, hoping that students of Index Institute Of Dental Sciences, Indore will make a mark for themselves in the sports arena at all the levels. Reminding students that Mahatma Gandhi spoke like a prophet and worked like a general, he urged the students to work so that India continues to remain a country without differences between caste, race, creed and religion.

A compilation of class photographs, reports of various events, photos of office bearers, teachers, support staff and articles submitted by the students.

Thereafter, the Dean presented a memento to the Guest of Honour. **"Many will start fast, few will finishstrong"**. -Gary Ryan Blair



*Dr. Poonam*



*Registrar*  
Malwanchar University  
Indore (M.P.)





*Ram*  
Event Coordinator



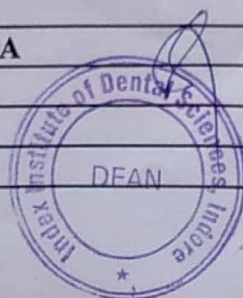
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Registrar  
Malwan University  
(1P)



Index Institute of Dental Sciences, Indore

Athena 2019

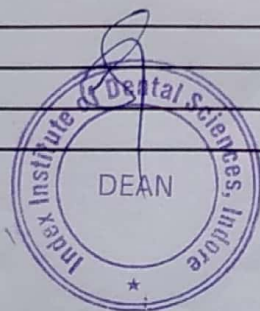
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1	KRATI NIMBODIA
2	KRITIKA
3	MAMLESH DONGRE
4	MANISH VERMA
5	MINAZ SHEIKH
6	MRIDUL RANJAN
7	MUSKAN SAINI
8	NARENDRA BAKAWLE
9	NAYLA SAMAR
10	NIDHI JAISWAL
11	NILAKSHI TRIVEDI
12	POOJASHREE CHOPDA
13	SAKSHI PATIL
14	SANCHIKA PRASAD
15	SHIVANI RAWAT
16	SIMRAN CHOUHAN
17	VAIBHAVI SUDHIR SHENDE
18	VAISHNAVI KADAM
19	VIPUL PIPLAD
20	AMIR KHAN
21	ANKUR
22	RIYA GOPAL DANGI
23	RUHI CHOUDHARY
24	RUPENDRA SINGH PATEL
25	SACHIN PANWAR
26	SAKSHI SWARNKAR
27	SALUNKE GAURI ANNASAHEB
28	MOHAMMAD FARDIN BALOCH
29	MOHIT SONI
30	MUKUND RANJAN
31	NANDINI SINHA
32	NEHA MANDARE
33	NEIL GUPTA
34	NIDHI D. BISANI
35	NIDHI DHAKAD
36	NIKITA MAHESHWARI
37	NISHTHA PATEL
38	NITIN MANGLANI
39	POONAM MALVIYA
40	SHREYA PAKHIRDE
41	SHRIYA AGARWAL
42	SHRUTI TIWARI
43	SHUBHAM SHARMA
44	SIMRAN KATARIA
45	SNEHA YADAV
46	SOLINA PARVEZ



By   
Registrar  
Jaiwanchal University  
Indore (M.P.)



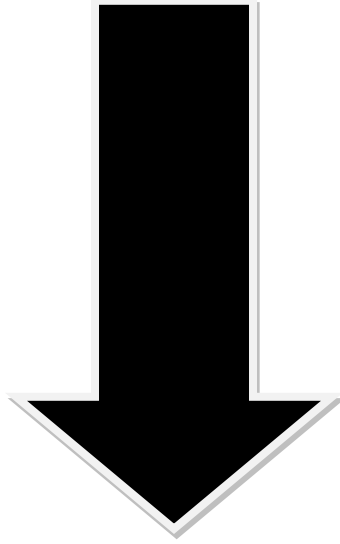
S. No.	Name
47	SOMYA JAIN
48	SOUNDARYA BISWAS
49	SRUSHTI SURYAWANSHI
50	SUBAHANA KHAN
51	TAIBA KHAN
52	TANISHA HALDKAR
53	GURIJALA RAM SWAROOP REDDY
54	KESHRANI DEWDA
55	KHAN MOHD HUSAIN SANANULLAH
56	KROS HNEHNAHLUI
57	M.MANISH
58	MAID ADITYA SANTOSH
59	P C LALTHANMAWIA
60	KUNAL ADHIKARI
61	KUNAL PATIL
62	LALIT KUSHWAH
63	MAHIMA BILODIYA
64	MARIA NAZIR
65	MEENAL HARAL
66	NAMRATA ADHIKARI
67	NAVANSHI YADAV
68	NEHA KARIYA
69	NIKITA CHOURASIA
70	NILESH SILVADIYA
71	NISHANT YADAV
72	NITIKA SUMAN
73	PRACHEE KUSHWAH
74	PRADYUMN SISODIYA
75	PRERNA MAKHIJA
76	PRIYA TIWARI
77	ASTHA TRIPATHI
78	AVANI AGRAWAL
79	AYUSHI SHARMA
80	AYUSHRI JHAMNANI
81	DEEKSHARANI PATEL
82	DEEPAK VERMA
83	DOLLY DIWAKAR
84	GARIMA JAIN
85	GOLU PATIDAR
86	HARSH DEHARIYA
87	HEMLATA SONI
88	HIMANSHI RAI
89	HRITWIKA R NAIK
90	KOMAL MESHARAM



  
 Registrar  
 Malwanchal University  
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# **Index Nursing College, Indore**







# INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)

Constituent Unit of Malwanchal University, Indore (M.P.)



Ref No: INC/PO/2019/454

Date: 4/1/19 ✓

## CIRCULAR

This is to hereby notify that the Index Nursing College is going to organize annual sports week, from 7<sup>th</sup> Jan to 12<sup>th</sup> Jan 2019. Students who are interested to participate are directed to give their names to their house in charges.

Sports Schedule is as follows:

Sr No	Sports	Date
1	Cricket (Girls)	7\1\19
2	Cricket (Boys)	8\1\19
3	Kabaddi (Boys & Girls)	19\1\19
4	Cricket Finale (Boys)	10\1\19
5	KhoKho (Boys & Girls)	11\1\19
6	Badminton	12\1\19
7	Chess & Carom	12\1\19

All the faculty members and administration staff is requested to grace the occasion.

Principal

Index Nursing College  
INDEX NURSING COLLEGE  
INDORE (M.P.)

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- Registrar
- All concern faculties
- File

2/19/22  
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04/1/19  
Registrar  
Malwanchal University  
Indore (M.P.)





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Ref No: INC/PO/2019/475

Date: 24/1/2019

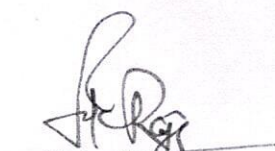
## Circular

This is to hereby notify that the Index Nursing College is going to organize cultural fest on 27<sup>th</sup> and 28<sup>th</sup> Jan 2019. Students who are interested to participate are directed to give their names to their class coordinators.

Schedule is as follows:

Sr No	Events	Date
1	Rangoli	27\1\19
2	Mehendi	27\1\19
3	Best out of waste	27\1\19
4	Skit or role play	28\1\19
5	Poetry (Either hindi&english)	28\1\19
6	Song & Dance (Solo & Dance)	28\1\19
7	Fancy Dress	28\1\19


All the faculty members and administration staff is requested to grace the occasion.

  
Principal

Index Nursing College  
Principal  
INDEX NURSING COLLEGE  
INDORE (M.P.)

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- All concern faculties
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Constituent Unit of Malwanchal University, Indore (M.P.)



Ref. NO. INC/PO/2019/473


Date: 25/1/19

## REPORT ON CULTURAL FEST (2019)

Colorful and memorable cultural fest was organized on 27<sup>th</sup> January 2019 under the guidance of DrJinu K Rajan Principal Index Nursing College, faculty, students and student nurses association unit at Index Medical College Auditorium. The event was inaugurated by Mr. Mayankraj Singh Bhadoriya Vice Chairman Index & Amaltas Group of Institutes, DrJinu K Rajan Principal Index Nursing College, Mr. R C Yadav Additional Director & Student Welfare, MrsChitraKhidwadkar Additional Director and Administrator, Mr. A K JanhaIncharge of research laboratory Index group of institutes. Floral welcome was done followed by lighting the lamp by special guest and faculty Index nursing college. The fest was started at 11 am with melodious welcome dance. The event of cultural fests are rangoli, mehendi, best out of waste, skit or role play, poetry, song, dance and fancy dress.

Rangoli competition was held headed by Mrs. Payal Sharma Asso prof MHN dept, MrJitendraAsst prof Index Nursing College in which students showcase various talents on the theme of ecofriendly environment with 1 hr duration. The judge of the event was DrJinu K Rajan Principal Index Nursing College, Mrs. Reena Thakur AssoProfMSNDept and MrsAnu V Kumar Asso Prof OBG Dept. Several Students has participated. Ms. SonuChouhan won first prize and Ms. ShivaniChoudhary won second prize.

Mehendi competition was headed by MrsAnu V Kumar ans Mr. JitendraChicholkar in which students showcase various talents on the theme of bridal mehendi with 1 hr duration. The judge of this event was MrsPayal Sharma. Ms. SaloniBijore won the first prize and Ms. KavitaNingwal won the second prize.



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Indore (M.P.)

College Address : Gram Morodhat, Namwar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715



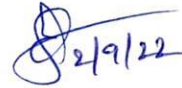
Sharma. Ms. Mona Thakur won the first prize and Ms. Saloni won the second prize.

Best out of waste competition headed by Mr. Jitendra Chicholkar. The duration of the competition was 1 hr. The judge of the event was Mrs. Payal Sharma and Mrs. Reena Thakur. Ms. Somya Chouhan won the first prize and Ms. Reeta Kumari.

Skit and role play headed by Mrs. Aline Upadhyay and Mrs. Reena Thakur. The theme of the skit was Life during corona. The judge of the event was Dr. Jinu K Rajan and Mrs. Anu V Kumar. Ms. Rama Pawar and group won the first prize and Ms. Ankita Shukla and group won the second prize.



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Malwanchal University  
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**INDEX NURSING COLLEGE, INDORE, M.P.**  
**INFINITO 2019**  
**Attendance Sheet**


Sr No	Names
1	Aarti Neeraj
2	Aarti Thakur
3	Abhilasha Goswami
4	Bhagwanti Dharve
5	Deeksha Pandey
6	Deepa Pandey
7	Devendra Tailor
8	Nargis Shaikh
9	Neha Pater
10	Nikhil Soni
11	Pinki Sirsod
12	Priyanka Gour
13	Rahul Sisodiya
14	Raj Shree Raman
15	Ranga Chouhan
16	Ranjana Chouhan
17	Ranu Manshare
18	Ravi Kushwaha
19	Raziya Bi
20	Rekha Chouhan
21	Roshani Wagen
22	Samreen Khan
23	Sarita Vasuniya
24	Sheela Nimbola
25	Sheetal Patel
26	Shubham Prajapati
27	Sonika Sonpure
28	Tufan Singh
29	Vishal Mewada
30	Vishal Pal Singh Thakur
31	Amit Yadav
32	Bincy P.B.
33	Dharmendra Geed
34	Kalpana Adlak
35	Kekanand Choudhary
36	Kusum Gajbhiye
37	Manisha Pandey
38	Poonam Singh
39	Rajesh
40	Rani Chawda
41	Sangita
42	Sapna Sawle
43	Shanti Gamar
44	Sharda Vaishnav

  
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45	Sharmila Dawar
46	Ujjavla Pawar
47	Arti Bedre
48	Deepika Pal
49	Mahesh Ram
50	Pakeeza Saiyyad
51	Suresh Kumar Bheel
52	Aruna Bansode
53	Divya Mandloi
54	Kaisar Jahan
55	Manoj Choudhary
56	Monika Amode
57	Nisha Pandey
58	Pooja
59	Preeti Soni
60	Raginee Patidar
61	Seema Mandloi
62	Sonali Patidar
63	Varsha Chadar
64	Muleshwari Baghele
65	Ravi Padihar
66	Amit Kumar Sharma
67	Sonu Sharma
68	Sushil Kumar
69	Ramesh
70	Aadil Hussain
71	Aakansha Pathak
72	Aasha Solanki
73	Abhishek
74	Ashvini Katara
75	Abhishek Dodiya
76	Abhishek Patel
77	Abhishek Solanki
78	Akshita Choudhary
79	Amrata
80	Angel Ekka
81	Ganesh Prajapat
82	Arun Yadav
83	Ashwini Jalkhadiya
84	Bharti
85	Bharti Patel
86	Bharti Sharma
87	Bhoomika Rathod
88	Chandni
89	Deepak
90	Deepika Rupayla
91	Divyanshu Gehlod
92	Garvesh Yadav

  
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**Indore (M.P.)**  
**PRINCIPAL**  
**INDEX NURSING COLLEGE**  
**INDORE (M.P.)**



93	Gopal Yadav
94	Hariom
95	Harshita Kuril
96	Hemlata Pachoriya
97	Jaypal Singh Sendhav
98	Jitendra Bhati
99	Jitendra Kumar Meena
100	Balram Paliwal
101	Kamal Kishor
102	Krishna Dhaked
103	Lakhan Singh Chouhan
104	Lalita
105	Laxman Singh Solanki
106	Mamta
107	Mukesh Lodhi
108	Meera Katare
109	Megharani Mandloi
110	Mohit Devda
111	Monali
112	Monika
113	Naveen Kumar
114	Neha
115	Nikhil Verma
116	Nikita
117	Nikita Solanki
118	Nirmala Kalesh
119	Omprakash Bamne
120	Pappy
121	Parvatee
122	Pooja Panwar
123	Pooja Sahu
124	Prabhat Parmar
125	Ruksar
126	Pradeep Kushwah
127	Reet Lodwal
128	Rajni Chaohan
129	Ramchandra
130	Reena
131	Reena
132	Rinkesh Patidar
133	Ritik
134	Rohit Prajapati
135	Rohit Sonaniya
136	Sachin Kachhwah
137	Sachin Solanki
138	Sahil Manshuree
139	Sajal Sen
140	Sakshi Dabi

  
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141	Saloni Yogi
142	Sandhya
143	Sapna
144	Shailendra Birla
145	Shivangi Nayak
146	Shivani Sahu
147	Shubham Kannojiya
148	Soniya Bhuriya
149	Sumeet choudhary
150	Sumi
151	Supriya Sarkar
152	Vaishali Pawar
153	Varsha Tomar
154	Vidhya Kanade
155	Vikas Meena
156	Rani Jodhana
157	Vishnu Shinde
158	Roger
159	Ankush Sen
160	Durga Parmar
161	Muskan Bhautekr
162	Priya Sharma
163	Virendra Yadav
164	Mayuri Babanrao Dravekar
165	Mithlesh Chouhan

*May*  
Organizing Secretary

*21/9/22*  
Registrar  
Malwanchal University  
Indore (M.P.)

*21/9/22*  
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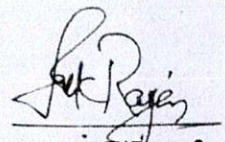
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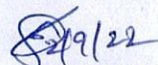


This is to certify that Mr. /Ms. /Mrs. **Deepak** participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner in Badminton held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

  
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**Organizing Chairperson**

  
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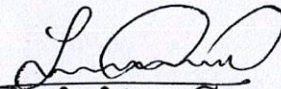
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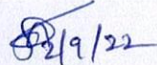
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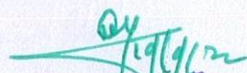


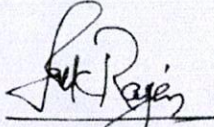
CERTIFICATE

This is to certify that Mr. /Ms. /Mrs. **Durgesh Kewat** participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner Runners-Up in Badminton held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

  
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**Registrar**  
**Malwanchal University**  
**Indore (M.P.)**

  
**Organizing Chairperson**





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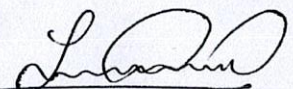
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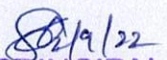
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(Constituent Unit of Malwanchal University, Indore, M.P.)




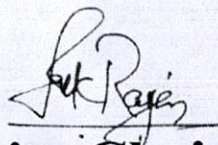
CERTIFICATE

This is to certify that Mr. /Ms. /Mrs. **Sachin Projapat** participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner in chess held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

  
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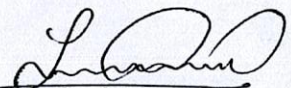
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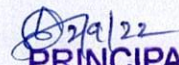
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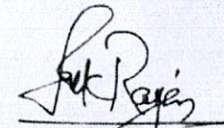


This is to certify that Mr. /Ms. /Mrs. **Pankaj Sharma** participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner in Chess held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

  
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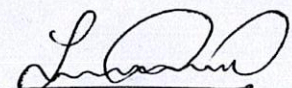
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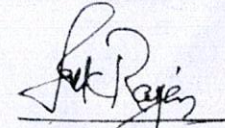

(Constituent Unit of Malwanchal University, Indore, M.P.)



This is to certify that Mr. /Ms. /Mrs. **Sonu Chopuhan** participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner Runners-Up in Chess held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

  
**Organizing Secretary**

  
**PRINCIPAL**  
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**Organizing Chairperson**





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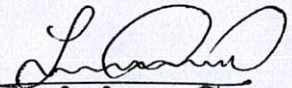
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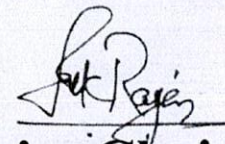
Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)


(Constituent Unit of Malwanchal University, Indore, M.P.)




This is to certify that Mr. /Ms. /Mrs. **Shivani Choudhary** participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner in Chess held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

  
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Malwanchal University  
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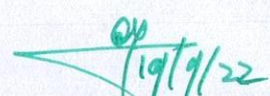
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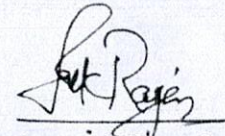
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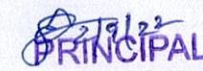


This is to certify that Mr. /Ms. /Mrs. **Vikas Prajapat** participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner Runners-Up in Carom held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

  
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This is to certify that Mr. /Ms. /Mrs. **Harion** participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner in Carom held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

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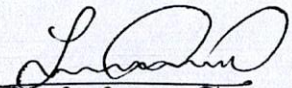
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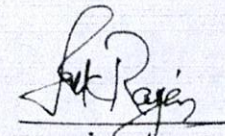

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This is to certify that Mr. /Ms. /Mrs. **Preetesh Shakaya** participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner Runners-Up in Carom held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

  
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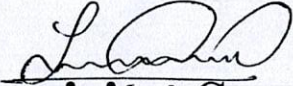
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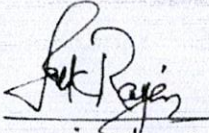
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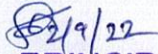
(Constituent Unit of Malwanchal University, Indore, M.P.)



This is to certify that Mr. /Ms. /Mrs. **Arun** participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner in Carom held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

  
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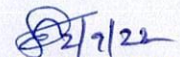
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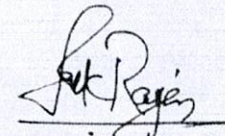

(Constituent Unit of Malwanchal University, Indore, M.P.)



This is to certify that Mr. /Ms. /Mrs. **Omkar** participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner Runners-Up in Carom held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

  
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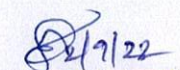
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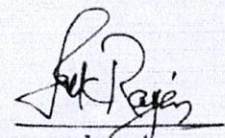
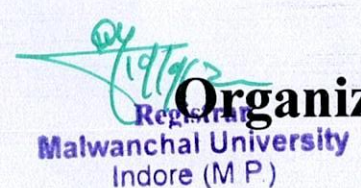
(Constituent Unit of Malwanchal University, Indore, M.P.)



This is to certify that Mr. /Ms. /Mrs. **Rahul Vishwakarma** participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner in Carom held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

  
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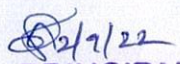
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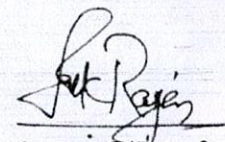



CERTIFICATE

This is to certify that Mr. /Ms. /Mrs. **Saloni biyore** participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner Runners-Up in Carom held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

  
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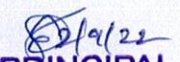
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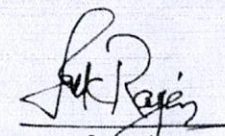
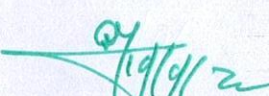
(Constituent Unit of Malwanchal University, Indore, M.P.)



This is to certify that Mr. /Ms. /Mrs. **Kavita Ningwal** participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner in Carom held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

  
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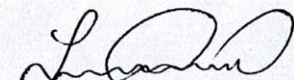
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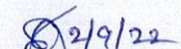
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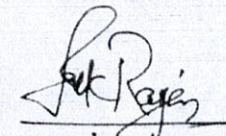

(Constituent Unit of Malwanchal University, Indore, M.P.)



This is to certify that Mr. /Ms. /Mrs. **Kajal Chouhann** participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner Runners-Up in Carom held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

  
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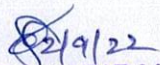
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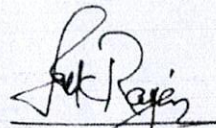

(Constituent Unit of Malwanchal University, Indore, M.P.)



This is to certify that Mr. /Ms. /Mrs. **Nileema Sahu** participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner in Carom held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

  
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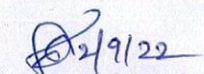
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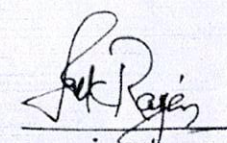



CERTIFICATE

This is to certify that Mr. /Ms. /Mrs. **Uma Malviya** participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner Runners-Up in Carom held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

  
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**Organizing Chairperson**  
  
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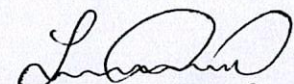
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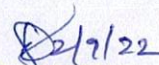
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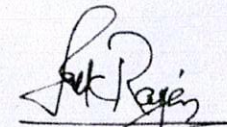

(Constituent Unit of Malwanchal University, Indore, M.P.)



This is to certify that Mr. /Ms. /Mrs. **Kirti Kumawat** participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner in Carom held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

  
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(Constituent Unit of Malwanchal University, Indore, M.P.)

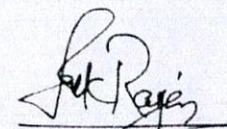


CERTIFICATE

This is to certify that Mr. /Ms. /Mrs. **Om Prakash Pal** participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner Runners-Up in Carom held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

  
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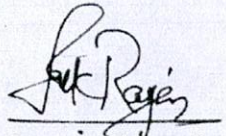

(Constituent Unit of Malwanchal University, Indore, M.P.)



This is to certify that Mr. /Ms. /Mrs. **Priya Alawa Saket ir.** Participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner in Carom held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

  
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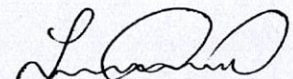
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(Constituent Unit of Malwanchal University, Indore, M.P.)

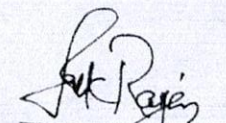



CERTIFICATE

This is to certify that Mr. /Ms. /Mrs. **Mona Thakur** participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner Runners-Up in Carom held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

  
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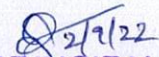
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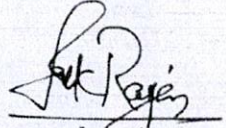

(Constituent Unit of Malwanchal University, Indore, M.P.)



This is to certify that Mr. /Ms. /Mrs. **Abhishek choudhary** participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner in Kabaddi held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

  
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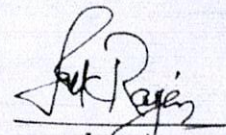

(Constituent Unit of Malwanchal University, Indore, M.P.)



This is to certify that Mr. /Ms. /Mrs. **Rahul Singh Saloni** participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner Runners-Up in Kabaddi held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

  
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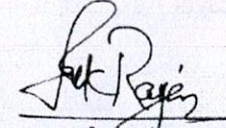
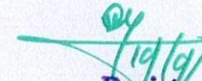
Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)  
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This is to certify that Mr. /Ms. /Mrs. **Somya Chouhan** participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner in Kabaddi held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

  
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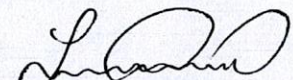
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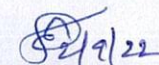
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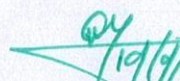
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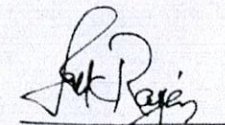


This is to certify that Mr. /Ms. /Mrs. **Sachin Mohil** participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner Runners-Up in Khokho held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

  
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This is to certify that Mr. /Ms. /Mrs. **Sundar** participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner in Khokho held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

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**Malwanchal University**  
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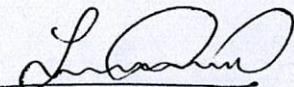
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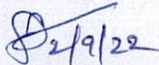
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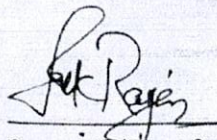
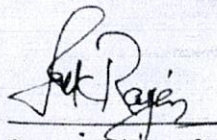
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This is to certify that Mr. /Ms. /Mrs. **Keeta Kumar** participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner Runners-Up in Khokho held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

  
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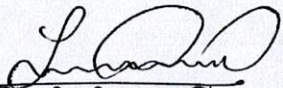
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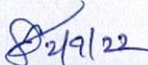
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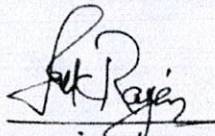
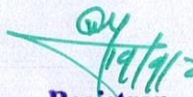
(Constituent Unit of Malwanchal University, Indore, M.P.)



This is to certify that Mr. /Ms. /Mrs. **Rama Pawar** participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner in Khokho held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

  
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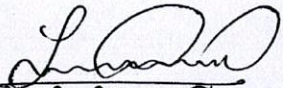
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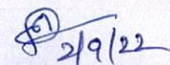
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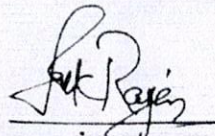

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## CERTIFICATE

This is to certify that Mr. /Ms. /Mrs. **Saket** participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner Runners-Up Cricket in held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

  
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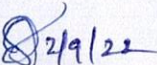
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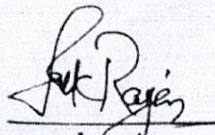
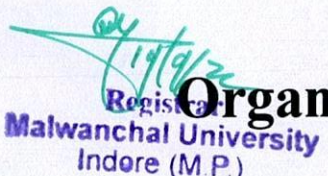
(Constituent Unit of Malwanchal University, Indore, M.P.)

## CERTIFICATE

This is to certify that Mr. /Ms. /Mrs. **Devendra Singh Chouhan** participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner in Cricket held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

  
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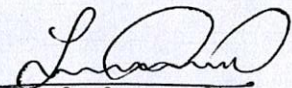
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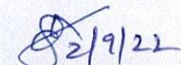
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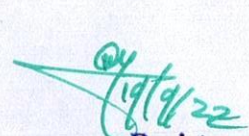
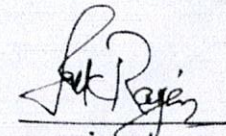


CERTIFICATE

This is to certify that Mr. /Ms. /Mrs. **Ankita Shukla** participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner Runners-Up in Cricket held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

  
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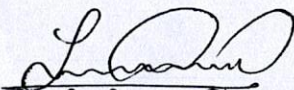
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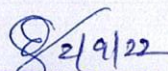
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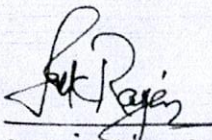
CERTIFICATE

This is to certify that Mr. /Ms. /Mrs. **Ushmita Dhakad** participated in “**Infinito 2019 Cultural and Sports Fest**” and stood winner Runners-Up in Cricket held on 7<sup>th</sup> January-12<sup>th</sup> January 2019.

  
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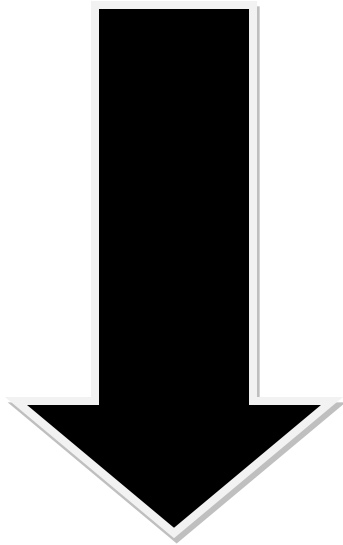
  
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# **Index Department of Physiotherapy & Paramedical Sciences**





## INDEX

### Department of Physiotherapy & Paramedical Sciences

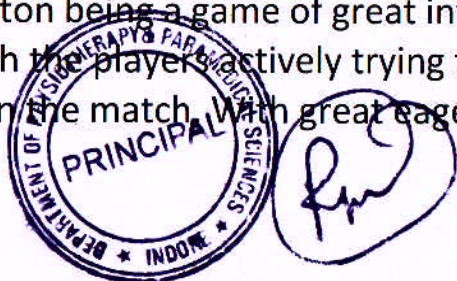
Annual Report 2019-2020

Index Department Of Physiotherapy & Paramedical Sciences .Malwanchal University ,Indore hosted its 2 nd Annual Sports Meet on 19th & 20<sup>th</sup> December 2020

Physiotherapy is a field that focuses mainly on physical health and fitness and that is why this event is one of the most awaited events of the year. The students not only get a break from their academics but they also get to participate in various sports where they get to apply their knowledge into the sports field. Day 1: 19 December 2020 The event was kick started with the inauguration ceremony in which principal, Dr. Reshma Khurana cut the ribbon and lit the torch which ignited the inner sportsman inside the students. This was followed by an energetic session of Zumba which warmed up everyone for the forth-coming physical activities. At 10:00 am, an intense session of kabbadi was held at the Index Medical College ground where a display of strength and persistence was put on by fellow participants.

A game of Kho-Kho took place at 11:30 am. Kho-Kho is a game which takes us back to our childhood and all the participants played enthusiastically portraying their speed and agility. Indoor games like Carrom, Table tennis and Chess were conducted at 2pm in Index Department Of Physiotherapy & Paramedical Sciences ,Malwanchal University .Indore . A great amount of precision, intellect and vigor was seen in all of the games. The winners of Carrom were from 3<sup>rd</sup> year and Hriday Kulkarni of 2nd year. Astha Soniof 3<sup>rd</sup> year and Priya Mali of BPT 2nd year won the game of Table tennis. Virthy Jain and Pritam Lokhande of 3rd year stood at first place in the game of Chess. The last event for the day was badminton which took place in Index Department Of Physiotherapy & Paramedical Sciences Malwanchal University ,Indore.

Badminton being a game of great involvement, cheers from the audience was heard all over with the players actively trying to beat the opposite team. and Suraj Vaishnav of 2nd year won the match. With great eagerness, all the students looked forward for the second



04/12/20  
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day of the event. Day 2: 20th December 2 nd day was started with a game of Tug of War, which is one of the favorite games of students of College of Physiotherapy.

All students of different classes competed against each other at the Cricket grounds trying to pull the rope towards them trying to defeat the opponent. Then, at 10:00 am, a various series of races like Sprint race, Relay race and Backward running races took place at the ground. Cricket ground Sandeep Patel of 1st year BPT and Pritam parihaar of 3 rd year BPT won the sprint race and backward running race. Ritu Dixit of 1st year BPT, Jarin Qureshi of 1st year BPT and Prabhnoor Kaur Salujaof 3rd year BPT won the Relay race. This was followed by a game of dog and the bone where two participants compete to grab the 'bone' before the opposing member does. A power packed game of Shot put took place at the sports complex. The entire game was very challenging because of menial differences between the distances of the throws.

The participants put on a very good show of strength throughout the entire game. Palak Rajput of 3<sup>rd</sup> year won 1st place in the competition. The best should be saved for last and that is why a game of cricket was organized from 3:00 pm to 4:00 pm on the cricket ground, ending the 3<sup>rd</sup> Annual Sports Meet of 2019-20. Cricket being the most followed sport in India, there was a great involvement seen in both the players and he audience.

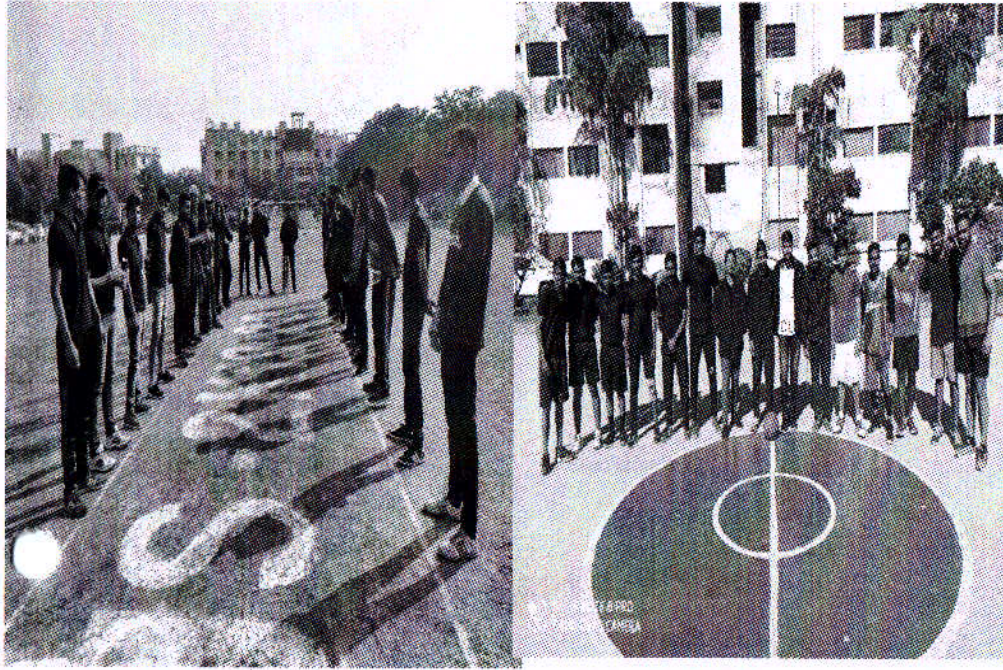
The programme concluded with the Vote Of Thanks given by the Principal ma'am, who thanked each and everyone who worked day & night tirelessly in order to conduct a successful event. The event ended with singing of the National Anthem by audience



A handwritten signature in blue ink, appearing to be "P. S. J.", enclosed within a hand-drawn circular scribble.

02/20/2020  
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DEPARTMENT OF PHYSIOTHERAPY & PARAMEDICAL SCIENCES  
PRINCIPAL  
INDORE

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Bhawani University  
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